Wesleyan Contemplative Order

Come and explore the life-giving power of contemplative spiritual practices within a supportive community.

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Informational Session

Sunday, March 11, 2018 2:00 p.m. - 4:00 p.m.

Davidson United Methodist Church Chapel 304 South Main Street Davidson NC 28036

Registration, by contacting Ann Starrette at astarrette@davidsonumc.org or 704-488-5825, is appreciated but not required. Walk-ins are welcome.



wesleyancontemplativeorder.com

Our Bands

For more information about the Wesleyan Contemplative Order, please contact Ann Starrette at 704-488-5825 or astarrette@davidsonumc.org.

To visit one of our current bands, please call one of the contacts listed below.

Julian Band

MEETING PLACE: Member homes Matthews, NC MEETING TIME: Monthly, on the first Monday 7:00 - 9:00 p.m. CONTACT: Teri Strom 704-575-0769

Sophia Band

MEETING PLACE: Davidson United Methodist Church Room 220 MEETING TIME: Bi-monthly, on the first and third Mondays, 5:30 - 7:00 p.m. CONTACT: Cristy Carroll 704-650-8684

Magdalene Band

Meeting Place:
Davidson United
Methodist Church,
Congregational Care
House
262 South Street
Davidson, NC 28036
MEETING TIME:
Bi-monthly, on the first
and third Fridays,
10:00 - 11:30 a.m.
CONTACT:
Kathy Davis
704-202-0624

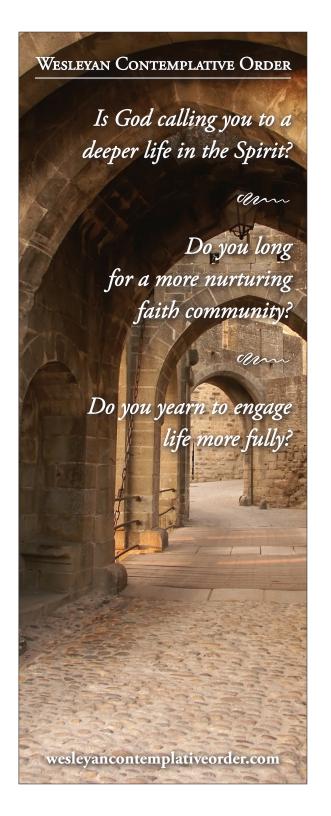
Avila Band

MEETING PLACE:
Davidson United
Methodist Church,
Purcell Room
MEETING TIME:
Monthly, on the first
Thursday
10:00-11:30AM
CONTACT:
Lisa Marion
704-987-0775

Wesleyan Contemplative Order is a ministry of



P.O. BOX 718 | 233 SOUTH MAIN STREET DAVIDSON, N.C. 28036



Our Vision

History has demonstrated that positive, sustainable change in the world almost always comes about through the actions of people who have first experienced transformative inner change. But how does such change come about?

Contemplative experience of God's love is one way. Ancient practices such as centering prayer, lectio divina, daily examen, welcoming prayer, and group and individual spiritual direction are all means of grace which invite God's deeper work within us.

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Our Name

The Wesleyan Contemplative Order (WCO) is an ecumenical group of believers committed to inner transformation through the regular practice of contemplative spiritual disciplines.

By encouraging discernment in all aspects of daily life and ministry, the practices help us learn to stay present, to be more connected to God, and to become more compassionately engaged with the world.

Our emphasis on using contemplative practices as a means of grace stems from the work of John Wesley, the founder of modern Methodism.

Wesley came to understand that vulnerability is central to spiritual growth, and that we can

best learn to be deeply vulnerable to others and God through the fellowship of small groups. He believed that the accountability and nurturance of these small groups, which he called bands, were essential to our faith journey. Wesley reclaimed the tradition of early Christ-followers, who banded together in small communities, or orders, for mutual support and encouragement.

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Our Practice

Because the Wesleyan Contemplative Order focuses on practices of spiritual formation rather than doctrine, participants from varied faith traditions are welcome. We trust that inner growth and healing are deepened through relationship with others equally committed to inner transformation, through the work of the Spirit.

A WCO Band generally consists of four to six members meeting regularly to support and further their spiritual journeys.

During a Band meeting, members may engage in a variety of contemplative practices, which place us before God to do his work in us.

To learn more about these and other contemplative practices, please visit our website, wesleyancontemplativeorder.com.

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Our Guidelines

Anyone can become a member of the Wesleyan Contemplative Order simply by joining a WCO Band. The only requirements to participate in a Band are:

- 1) belief in a loving God,
- 2) intention to open space for God through contemplative practices with others, and
- 3) desire to participate wholeheartedly.

Participants are led through discernment with other members to determine which Band is right for them. Each Band evolves organically by responding to the guidance of the Spirit to most effectively meet the needs of its members.

Bands meet at least once every eight weeks, in person or by conference call.

Members commit to adopting a self-chosen set of personal contemplative practices, traditionally known as a Rule of Life, to enliven their spiritual journey.

Faithful participation in a WCO Band is one way to bring contemplation, accountability, and joy into our lives.

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"Though we cannot think alike, may we not love alike? May we not be of one heart, though we are not of one opinion?"

- JOHN WESLEY