

Be the change
our world needs.

“The *School of the Spirit* is one of the finest renewal experiences I know of for ministers. It provides needed respite and a manageable pattern for spiritual growth.”

SCHOOL
of the
SPIRIT

A ministry of Davidson United Methodist Church



School of the Spirit is a distinct one-year school of contemplative practices. It is grounded in the basic ancient spiritual practices of Jesus and the early church. The School offers students exclusive access to core faculty and guests - *folks tested by, grounded in, and ever pressing toward the mark* (Phil 3:13–14) through the living process of placing themselves before God to be schooled by the Holy Spirit, allowing grace to rewire their minds (Romans 12:1–2). The focus of this structure is on centuries-old practices that will renew our encounter with Christ, grounded in the vitality of a committed community to hold each participant’s journey.

RETREAT LOCATION
Starrette Farm - Statesville, NC

FIVE QUARTERLY RETREATS

May 6 - 7, 2019
July 29 - 30, 2019
October 28 - 29, 2019
January 27 - 28, 2020
April 6 - 7, 2020



A one-year experience of spiritual formation for leaders in community.

WHO SHOULD APPLY?

School of the Spirit is designed for people who are profoundly dedicated to Christian spiritual formation with a desire to know and live the “with-God” life. If you have a quest...

- to move more deeply and intentionally into your own process of inner-transformation,
- to be part of a community of co-learners whose aim is to nurture that process,
- to engage in quality materials and training intended to be passed on to others,
- to commit to five quarterly, 2-day retreats over a one-year time frame...

then participation in the *School of the Spirit* is for you!

* Limited to 24 clergy, ministry/health professionals, & church staff.

RETREAT THEMES

- Longing for More
A fresh encounter with God through Lectio Divina
- Leading from Within
Creating Space for God through Silence, Solitude, Simplicity
- Finding Grace at the Center
Centering Prayer • Welcoming Prayer • Active/Breath Prayer
- Cultivating Discernment
Ways of Recognizing and Responding to God's Voice
- Establishing Rhythms of Work and Rest
Arranging our Lives for What Matters Most

REGISTRATION

- See <https://schoolofthespirit.com>
- View retreat details
- Learn about leadership
- See accommodation information
- Complete online registration form

COST

\$50 non-refundable registration fee with application and balance of \$650 due upon acceptance. (All-inclusive except travel, accommodations, and books.) Generous financial support makes it possible to offer *School of the Spirit* to you at greatly reduced fee.

QUESTIONS?

Contact Ann Starrette,
Program Director
Starrette@mindspring.com